



Budgewoi Public School - 2021 Athletics Carnival



Our Whole School Athletics Carnival will be held on **Tuesday 27th July 2021** at the Gatorade Regional Athletics Centre at Mingara. The carnival is for **ALL** students. **ONLY 8-13 year olds** will be eligible to compete at the Wallarah Zone Athletics Carnival on 26th August 2021. Information about carnival organisation is below, please take a moment to read it carefully as there are a few changes for 2021. A mini-carnival will be held on the same day for all students in K-2. This carnival will involve a range of tabloid races and will be run primarily by the Sports in Schools staff.

Cost	\$13.00 per child for bus fare and sports complex entry. Only students on official marshalling lists will be eligible to participate. All notes and money, including the \$4.00 track entry fee (for 800m runners) must be returned by Tuesday 20th July 2021 . (<i>Official marshalling lists are created after the close of the online The School Interview booking system at 5pm Friday 23rd July.</i>)
Transport	Buses will leave the school at 8:50am and return before 2:50pm in time to catch normal buses home. Students competing in the 800m events need to be privately transported to Mingara by 8:30am . These students should pay only the venue entry fee of \$4.00 to the office. All students participating in the Athletics carnival (excluding 800m runners) must catch the bus from school to the venue. Students in K-2 will depart school at 10:00am and return to school by 1:40pm .
Wet weather	If it is raining, children should come to school prepared for their carnival AND a normal school day. However, should it be too wet to go ahead, an announcement will be made via the school social media pages and Skool Bag app.
Supervision	All students should remain under the supervision of the school staff at all times including on the bus, entering the venue, in the grandstands, at the events and during break times.
Lunches	It is recommended that children bring their own lunches and drinks. Canteen facilities are available on the day. Please do not order lunch from the school canteen.
Event Entries	To aid in the event schedule of the day, this year students will need to enter in events prior to the Athletics Carnival using the School Interviews online booking system. Please indicate on the return permission slip if you would like your child's class teacher to enter your child in his/her events. Please read on for details on how to enter your child.
Uniforms	House coloured clothing is allowed and encouraged along with appropriate running shorts, otherwise regular school sports uniform, including hats, are needed. Sunscreen and warm clothes are highly recommended. Doyle – Blue Slade – Yellow Hargraves – Green Timms - Red
Spikes	Spikes can be worn in the 100m, 200m and 4x100m relay races only. Spikes must be taken off immediately after each event.
Home Travel	For Work Health and Safety reasons, parents wishing to take their children home from the athletics carnival must inform the teacher/s on the gates before leaving, so they can be marked off the attendance sheet. No child should leave the carnival without notifying the teacher on the gates. If you are transporting another student home, written permission from the parent of the child must be given to the class teacher prior to or on the day of the event.
Helpers	Parent helpers may be required to assist with the running of the carnival. Please fill in your name and best contact number on the permission slip below if you are interested in helping.

***Prior to transporting children including your own, please visit the school office to present your current driver's licence, car registration, 100 point ID if you haven't already done so this year. Please contact the school office if you have any questions.**

- Due to time restraints, events at the Athletics Carnival will be run as follows
- Please use the School Interviews code **9qatz** www.schoolinterviews.com.au
Please indicate if you would like your child's class teacher to book your child on your behalf.
- All ribbons will be handed out at the following school assembly.

800m	Will be held prior to the commencement of the official starting of the Carnival. The event will be run as Junior (8,9&10yrs), 11yrs and Senior (12/13yrs) age group with the top 3 times receiving place ribbons. Students will need to be transported to the Athletics Centre by 8:30am on the morning of the carnival to participate in this event.
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100m	All heats will be timed. The fastest 8 runners will run in the final at the conclusion of the 100m heats.
200m	Will be run in age groups. All heats will be timed, with the top 3 times <i>overall</i> in Junior (8,9&10yrs), 11yrs and Senior (12/13yrs) age group receiving place ribbons. There will be no finals for this event.
Shotput	All competitors will have 2 attempts with the top 8 competitors receiving markers to indicate their best put. These competitors will have a 3 rd and final attempt with their best attempt being measured. The top 3 puts <i>overall</i> in Junior (8,9&10yrs), 11yrs and Senior (12/13yrs) age group receiving place ribbons.
Discus	All competitors will have 2 attempts with the top 8 competitors receiving markers to indicate their best throw. These competitors will have a 3 rd and final attempt with their best attempt being measured. The top 3 throws <i>overall</i> in Junior (8,9&10yrs), 11yrs and Senior (12/13yrs) age group receiving place ribbons.
High Jump	Finals to run at the carnival. Students participated in qualifying heats at school. <i>Each finalist will have 3 attempts to jump over the starting height. Students who are successful will have a maximum of 3 jumps at each increment in height.</i>
Long Jump	Each competitor will have 3 attempts to jump over a qualifying length. The top three jumps <i>overall</i> for Junior, 11yrs and Senior age groups receive place ribbons.
Relays	Junior and Senior Boys and Girls will be chosen from the fastest 4 times in the 100m events. NB: Students should NOT leave the carnival prior to the organisation and finalisation of relay team student lists.
Junior and Senior Classification	For 100m Track Event: all competitors compete in the age group for the age which they have turned or are turning this year. (e.g., born in 2013 = 8 Years age group) For all Field Events, 200m and 800m: there are 3 age groups. Junior – 8, 9 & 10 years 11 years Senior – 12 & 13 years

Important Note: When a medical practitioner has prescribed medication (including emergency medication) that will need to be administered during the excursion, parents are responsible for:

- * Bringing this need to the attention of the school
- * Ensuring that the information is updated if it changes
- * Supplying the medication and any 'consumables' necessary for its administration in a timely way. The medication should be well within its expiry date
- * Collaborating with the school in working out arrangements for the supply and administration of the prescribed medication for the duration of the excursion. For some excursions the school will ask you to supply the medication in a different way to what has already been agreed to by the school. You may be asked to supply an additional adrenaline auto injector (i.e. EpiPen) for example.

Medical Disclaimer: Parents please note that there is no personal insurance cover provided by the NSW Department of Education for students in relation to school sporting activities, physical education lessons or any other school activity. Parents and caregivers are advised to assess the level and extent of their child's involvement in the sport program offered by the school, zone, area and state school sport association when deciding whether additional insurance cover, above that provided by Medicare, is requested. The NSW Supplementary Sporting Injuries Benefits Scheme, funded by the NSW Government covers any injury resulting in the permanent loss of a prescribed faculty or the use of some prescribed part of the body.

Nathan Forbes
(Principal)

Renee MacPherson and Erin Corbett
(Co-ordinators)

Budgewoi P.S. Athletics Carnival 2021– Permission Note

To: Office by Tuesday 20th July

I give permission for my child _____ in class _____ to travel by bus to attend the Budgewoi P.S. Athletics Carnival to be held at the Gatorade Regional Athletics Centre at Mingara, on Tuesday 27th July. I understand that if I wish to take my child home at the end of the carnival, I am to have my child's name marked off by the teacher/s on the exit gate.

Signature Parent/Carer _____ Date: _____

Please Tick the relevant boxes.

- \$13.00** is enclosed (for **bus and entry**)
- \$4.00 entry** enclosed: **I can transport** my child for 800m and **I can** transport (number) _____ others.

Contact information if you can provide transport for others: Name (please print) _____ PH: _____

- \$4.00 entry** enclosed (**I need assistance to find transport** for my child for the 800m)
- I have made an **online payment**. Amount \$ _____ My receipt number is _____
- Please enter my child in the following events on my behalf. DOB: _____

Please note student will be entered into their appropriate age division.

High Jump and Shot-Put heats run prior to event at school.

- 800m 100m 200m Long Jump Discus

Parent Helpers

Any parents who are able to assist with assisting teachers at the carnival on the day, please fill in this part of the note when returning your permission note and money to the school.

Parent Helper Name (1): _____ Contact Phone No: _____

Parent Helper Name (2): _____ Contact Phone No: _____

Thank you for your assistance in making our 2021 Athletics Carnival a successful and enjoyable experience for our students.